

## **Within Oneself**

**Original:** Acrylic on Canvas  
**8 x 10 (Prints Available)**

Sherri Weeks

At times there is so much going on around us that we can internalize things that can cause us to stumble and sometimes leaving us imprisoned with our own thoughts. They can be deafening and cause us to feel like we are drowning. As I was painting, a white light began to form around the face like God's Holy Spirit had penetrated through and began breaking things off and clearing the way for truth and healing!

He is the way the truth and the Life! He will bring breakthrough!

Ps 46:1 God *is* our refuge and strength, a very present help in trouble.