

Old Paradigms

Original: Watercolor, Pen and Pencil on Watercolor Paper
8 x 10 (Prints Available)

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The definition of a Paradigm is a system of concepts, values, and practices that constitutes a way of viewing reality. The definition of a paradigm is a widely accepted example, belief or concept.

Our thoughts and beliefs can be a stumbling block in our life and growth. I know I struggle with the way I look and not being good enough. I judge myself harshly because of the past and what was spoken to me my entire life. These are old Paradigms (or thought patterns) that I battle with. God is breaking these down and I am beginning to see myself differently!

I love to begin drawing with a pen (so I can't erase) and see where the lines take me. I put on some music and begin to pray. God always shows me something very cool!

God is shifting our negative and debilitating views to allow His truth and His Paradigm to align with ours! Let Him in to break down yours!

Life unchained!